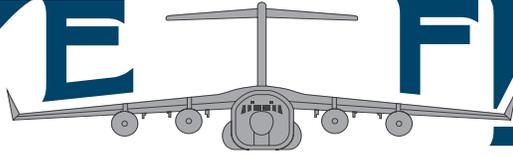


# BUCKEYE FLYER



Wright-Patterson AFB, OH

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Maj. Jose Cardenas

**445th Airmen demonstrate team work while hydrating, during the operational readiness exercise at Volk Field.**

## Wing hones ORI skills at Volk Field

By Lt. Col. Cynthia Harris

445th Airlift Wing Public Affairs

Approximately 100 members of the 445th Airlift Wing boarded a C-17 Globemaster III bound for Volk Field Air National Guard Base, Wis. April 22 to prepare for the unit's upcoming operational readiness inspection.

The group used the four-day exercise at Volk Field to hone their skills in responding to attacks, bugging out, transferring control, relocating, and reassuming control in conventional and chemical environments. The unit was joined by members of the 452nd Air Mobility Wing, March Air Reserve Base, Calif.

Master Sgt. Walter Bennett, 445th Security Forces Squadron plans and programs manager, emphasized the need to streamline and standardize procedures to help make concise decisions.

"This exercise gives us the opportunity to operate and streamline our processes. These are natural growing pains. If we don't do the exercise under some form of stress, we won't see what is good and what needs to be improved, and fix it before the ORI."

The objectives of the exercise were to establish and

maintain effective command and control between all control centers in both primary and alternate locations; and attain proficiency in all shelter and Post-Attack Reconnaissance (PAR) team actions under all Mission Oriented Protective Posture (MOPP) conditions.

To ensure that all Airmen are ready for the ORI, NCOs need to push the younger Airmen to take action because these Airmen aren't familiar with the process and therefore are unsure of what to do. This may cause them to not take action. Doing these exercises will make them comfortable with tasks outside their comfort zone. The time to figure these things out is now before game time, Bennett added.

The trip to Volk Field proved to be a success.

"The outstanding attitude and effort of everyone involved made this a successful exercise. As we prepare for September, we need to come to work with the right attitude. The right attitude is 90 percent of the getting the mission accomplished," said Col. Stephen Goeman, 445th Airlift Wing commander.

*(Maj. Jose Cardenas contributed to this story.)*

# Approach ORI with emotional intelligence

By Lt. Col. Mitchell Richardson  
89th Airlift Squadron Commander

In anticipation of the upcoming operational readiness inspection, every unit in the wing is busy fine tuning processes and accomplishing necessary training. Each organization has identified its keys to success. A large majority of our folks have participated in previous ORIs. Over the years, we have gained valuable experience that represents our military IQ. And while our military IQ will serve us well come January, I urge each of you to also approach the ORI with emotional intelligence (EI).



Emotional intelligence is a concept that was popularized by psychologist Daniel Goleman. It is the ability to identify, understand, and manage your emotions in a constructive way while understanding, assessing, and controlling factors that affect the emotions of others. EI requires our practicing self-awareness (know your strengths and weaknesses), self-management (learn to control your emotions), social awareness (understand the needs/concerns of others), and relationship management (communicate clearly to inspire/influence).

So how can we increase our emotional quotient (EQ)? There are five key skills worth developing in order to improve your EQ.

1. The ability to quickly reduce stress: excessive stress overwhelms the mind and body and prevents us from accurately reading the situation. By recognizing your stress (MOPP-4) and identifying your stress response (anxiety), you can develop a stress busting technique that works for you (count to 10).

2. The ability to recognize and manage your emotions: pay attention to your emotions, accept them, and become comfortable with them.

3. The ability to connect with others by using non-verbal communication: be aware of and in control of your nonverbal cues. These cues can either produce a sense of interest and excitement or generate fear and confusion.

4. The ability to use humor to deal with challenges: everyone in the 445th wants to have a successful ORI, but the inspection needs to be put in perspective. Be conscientious, but don't take yourself too seriously.

5. The ability to resolve conflicts positively and with confidence: make your decisions based on the information you have at hand. If you make a mistake, own it and move on. If your boss or subordinate makes a mistake, forgive and forget.

We in the military continually talk about tools we can put into our leadership toolbox. I encourage each of you to self-reflect and implement emotional intelligence in your ORI prep.

## Will you run away or face it like a lion?

By Chaplain (Capt.) Brian Honett  
445th Airlift Wing Chaplain Corps

The remake of "True Grit" in 2010 exposed a whole lot of people to Proverbs 28:1 "The wicked flees when no one pursues" but the second half of the verse is "but the righteous are bold as a lion."

In the movie, a determined young girl sets out to kill the man who murdered her father and fled. While this is not really the right response according to God (though a very natural feeling), the verse does show us that in the midst of difficult situations we can choose one of two options.

As the guilt comes for the wrong I have done, I can choose either to face it, or I can take off

like a coward and run.

Whether I (and you) have taken a short-cut at work, shirked a responsibility at home, been caught talking badly about another person, or \_\_\_\_\_ (you fill in the blank), we have choices. We can tuck our tails and run. We can bob and weave and try to avoid the impact and consequences of our actions, or we can stand boldly and accept responsibility for them. We can be as bold as a lion.

I want to be known as a person of character, I want to do the right thing all of the time, but I don't always do it. I lose my temper, I get lazy, and sometimes I just get careless.

The question isn't whether it will happen; the question is what will I do?

How will you respond when the time comes to pay the piper—will you run away or will you face it like a lion?

The Air Force core values are Integrity First, Service Before Self, and Excellence in all we Do.

Take the time to do some self assessment. Are you meeting these values? When you fail, are you willing to boldly face the consequences?

We'd love to be a part of your turning into a lion! Call or stop by and see us in the chaplain's office.





Tech. Sgt. Anthony Springer

Sgt. Maj. Wayne Bowser, Sr., senior enlisted advisor for Family and Employer Programs and Policy in the Pentagon's Office of Reserve Affairs, demonstrates the tools available for job seekers when the Hero 2 Hired Mobile Job Store stopped at the 445th Airlift Wing March 29.

# Hero 2 Hired Mobile Unit stops at 445 AW

445th Airlift Wing Public Affairs

In response to issues of unemployment and underemployment among reserve component members, the Office of the Assistant Secretary of Defense for Reserve Affairs launched "Hero2Hired," better known as H2H. The program is a Yellow Ribbon-funded, multi-faceted program which utilizes an electronic job and career web platform, mobile applications and Facebook integration and virtual and physical career fairs.

The Mobile Job store is traveling across the country to help indi-

viduals seeking employment through the H2H program. One Mobile Job store stopped at the 445th Airlift Wing March 29 and served more than 125 people.

The Mobile Job store is a self contained truck that houses several kiosks connecting participants to the H2H jobs website. Sgt. Maj. Wayne Bowser, Sr., senior enlisted advisor for Family and Employer Programs and Policy in the Pentagon's Office of Reserve Affairs, assisted individuals searching for available jobs through the H2H jobs website based on their AFSC, MOS or other civilian skill set.

"The site is specifically designed to help "Reserve Component service mem-

bers to connect to and find jobs with military-friendly companies who are looking for employees with your training and skills. The site also helps translate military experience into terms civilian employers understand," Bowser said.

During the visit, individuals uploaded their resumes and received assistance in transitioning from military to civilian jargon on their resume. Bowser told the participants that employers listed on the site are looking for people with military backgrounds and that it's a great tool for anyone seeking employment.

More information for H2H can be found on their website at <https://h2h.jobs/>.

## Buckeye Flyer

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# Wing reservists judge AF Junior ROTC drill competition



Photos by Senior Airman Matthew Cook

(above) Master Sgts. Bobby Lampkin and Clayton Callahan, both 445th Airlift Wing recruiters serve as judges for the 2012 Delaware County Drill Meet April 14. They are accompanied by Cadet Patterson, an Air Force ROTC cadet at The Ohio State University.



(above) A cadet from the Paint Valley Air Force Junior ROTC Drill Team competes in the Delaware County Drill Meet at Rutherford B. Hayes High School April 14, 2012.



(left) Members of the Tecumseh High School Air Force Junior ROTC compete in the Delaware County Drill Meet at the Rutherford B. Hayes High School April 14, 2012. Members of the 445th Airlift Wing were on hand to serve as judges for the competition.



Master Sgt. Geof Weimerskirch, 445th Aeromedical Evacuation Squadron briefs a cadet from the Lebanon Air Force Junior ROTC Drill Team, prior to their performance April 14, at the Delaware County Drill Meet.

## AFRC honors outstanding Airmen of the Year

Air Force Reserve Command honored its outstanding Airmen of the year for 2011 during a ceremony in San Antonio, Texas April 10.

The winners who will represent the command in the Air Force competition later this year are: first sergeant - Master Sgt. Anthony Johns, 445th Operations Support Squadron, Wright Patterson Air Force Base, Ohio; Senior NCO - Master Sgt. Sandra L. Plentzas, 944th Fighter Wing, Luke AFB, Ariz.; NCO - Tech Sgt. Megan J. Legacy, 931st Civil Engineer Squadron, McConnell Air Force Base, Kan.; and airman - Senior Airman Merranda J. Moreno, 944th Aeromedical Staging Squadron, Luke AFB.



"The centerpiece of this event is the outstanding Airmen who have been nominated by their respective organizations, who are in fact just the cream of the crop and indicative of and reflective of all of the great talent we've got in the Air Force Reserve," said Lt. Gen. Charles E. Stenner Jr., AFRC commander. "I so much appreciate every single one of them."

Master Sgt. Anthony Johns, the first sergeant for the 445 OSS is on full-time orders as the base operating support first sergeant. He's the liaison to the Wright-Patterson Air Force Base total force first sergeant council.

He is noted for being the senior mentor for the first-ever wing Airman's council and is a senior NCO leadership course facilitator. Johns obtained his Community College of the Air Force degree, a Bachelor of Science in computer science and a Master of Science in business. Sergeant Johns spearheaded an Air Force Sergeants Association event that provided 1,700 comfort items to local veterans. He also supported a local family violence shelter, collecting and distributing 350 toys to agency children.

Commenting on his selection, Johns said: "What it really means is a culmination of all the Airmen who have helped us in all the projects. My leadership opened up some doors to give me the opportunity. I made a call out to our Airmen and they did the job. It's a great, great honor. I hope I can shine well and represent the Air Force Reserve."

Chief Master Sgt. Kathleen R. Buckner, AFRC command chief, who was presenting at her first OAY, reflected on what the evening meant to her and the command.

"What we had here tonight was the tip of the spear. This is a celebration of who we are as a command," the chief said. "At Air Force Reserve Command we are rock stars, whether we are here tonight or not. We are here to celebrate the successes of our command. It was a phenomenal celebration. We are all winners. It's a win win. Every nominee is a winner. Everyone who suits up is a winner. The folks that walked away with the trophies are the true tip of the spear. It is an honor to be in their presence and they are going to go on and do some great things."

*(Master Sgt. Chance Babin, AFRC Public Affairs, contributed to this story).*

## Tips for a successful ORI

The 445th Airlift Wing Operational Readiness Inspection will be held in January 2013. Here are some tips to get you up to speed.

### Be prepared

Take advantage of recent inspector general reports at other units. This data is located on SharePoint under 445 AW Inspection Toolbox. Cross-feed findings and recommendations -- we shouldn't make the same mistakes the IG has already pointed out to a recently inspected unit.

### No repeat discrepancies

Look at the ORI report from February 2008 and any past compliance inspections located on SharePoint. If the same mistakes are still being made, there will be no acceptable explanation for the inspectors.

### Be positive

Everyone must appreciate the significance of this inspection. The ability to convey a confident, positive attitude becomes a direct reflection of individual professionalism. Inspectors decide the wing's commitment to the mission when observing individuals.

### Correct it on the spot

If the IG identifies a small problem, fix it on the spot if possible. Show the inspector receptiveness and responsiveness; these little problems may be dismissed.

### Use checklists

If there's a checklist, use it. Lack of knowledge is understandable. Lack of discipline, like failure to use required checklists, is not. Discipline problems are unacceptable and the IG writes them up accordingly.

### Ask questions

Understand the task assigned by the inspector. Throughout the inspection, people may be tasked by the inspection team to demonstrate their proficiency or knowledge. If you don't understand the task, ask the inspector to restate it or clarify. Once the IG gives a rating, the "I didn't understand" argument won't fly. Ask questions up front -- before the task is started or the question is answered -- if it's unclear what the inspector's objective is. Don't talk around a fault. Be honest. If something is unknown or was overlooked, say so.

### Don't argue

Arguing is a big no-no during an IG inspection. Instead of arguing, elevate concerns. If higher headquarters', Air Force or AFRC policy or guidance is unclear, the group commanders or wing commander will resolve it with the IG. Argumentative confrontation with an inspector should never happen.

### Focus

Concentrate during the full-time execution of the ORI. It will get tiring, but staying alert is a must the entire time. The goal is to stay fully engaged from the moment the inspectors arrive on the base until they leave.

### Always be professional

There's no room for a lack of discipline. Remember the goal here is to excel in mission execution. So imagine it, see it and execute it.



# SPOTLIGHT

**Rank/Name**

Master Sgt.  
Anthony Shepherd

**Unit**

445th Aircraft  
Maintenance Squadron

**Duty Title**

Element Chief

**Hometown**

Mt. Sterling, Ky.

**Civilian Job**

Air Reserve Technician

**Education**

Pursuing an associate  
degree in applied

science

**Career Goal**

To become superinten-  
dent of maintenance

**Hobbies**

Fishing and cars

**What do you like  
about working at the  
445th?**

The people and our  
mission

**Why did you join the  
Air Force?**

I wanted to provide a  
better life for my family.



Lt. Col. Cynthia Harris

Maj. Gen. Deborah Ashenhurst, the Ohio Adjutant General (left) and John Hoppers, Ohio Committee for the Employers Support of the Guard and Reserve state chairman (far right), present the Above and Beyond Award to Mary Ann Wilsbacher, U.S. Department of Justice, Office of the U.S. Trustee, at the Ohio ESGR 2012 Annual Employer Recognition Dinner March 31. Wilsbacher is the employer of Maj. Jeremy Flannery and Senior Airman Matthew McDonald, both from the 445th Airlift Wing Judge Advocate General Office. The Above and Beyond Award recognizes employers at the state and local level who have gone above and beyond the legal requirements for granting leave and providing support for military duty by their employees as defined by the Uniformed Services Employment and Reemployment Rights Act.

# News Briefs

## Newcomers

Maj Matthew Middleton, 89 AS  
 Capt Eric Florschuetz, 89 AS  
 SMSgt Angela Graffen, AES  
 TSgt Steve Bertonaschi, CES  
 TSgt Chad Webb, MXS  
 SSgt Katie Dulin, 87 APS  
 SSgt Robyn Renfroe, AMDS  
 SSgt Lonnie Sawyer, MXS  
 SSgt Penny Wagner, MOF  
 SSgt Dorian White, SFS  
 SrA Michael Bell, AMDS  
 SrA Zachary Gardner, 87 APS  
 SrA Harold Hughes, AMDS  
 SrA David Miller, AMDS  
 SrA Brent Schockman, CES  
 SrA Dershay Stacey, 89 AS  
 SrA Richard Trimmer, MOF  
 A1C Brantley Fowle, OSS  
 A1C Arvin Griffin, CES  
 A1C Jeremy Nunn, 87 APS  
 A1C James Pressey, AMDS

A1C Brittany Renier, ASTS  
 A1C Tyler Watson, 87 APS  
 Amn Jared Dexter, FSS  
 Amn Ryan Pica, ASTS  
 AB Heather Glanton, ASTS

## Promotions

### Airman

Jamise Brooks, MXS  
 Amanda Brundage, ASTS  
 Jared Dexter, FSS  
 Chelsea Eldridge, MXS  
 Matthew Engel, ASTS  
 Joshua Flynn, ASTS  
 Brandon Hakes, 87 APS  
 Ojeh Ohiembor, ASTS

### Airman First Class

Caleb Boles, ASTS  
 Brianna Cunningham, SFS  
 Robert Ford, FSS  
 Stephan Hall, FSS  
 Ryan Klingaman, 87 APS  
 Victoria Koster, MXS  
 Eric Mitchell, ASTS  
 Simone O'Neal, FSS  
 Tiffany Shotts, AMDS  
 Cordero Stephens, FSS  
 Christopher Thrower, CES  
 Nicholas Zimmerman, CES

### Senior Airman

Brandon Burdette, CES  
 Michelle Fannin, ASTS  
 Beth Fortenboher, ASTS  
 Cole Milligan, 87 APS  
 Jerremy Pope, CES  
 Brittany Renier, ASTS  
 Jaja Stoudemire, AMXS  
 Tyler Watson, 87 APS

### Staff Sergeant

Mikhail Berlin, AW  
 Michael Mason, CES  
 Deborah Schaffner, AMDS  
 Bray Schulte, SFS

### Technical Sergeant

Matthew Edds, SFS  
 Rachele Hibbs, AMDS  
 Scott Humphries, CES  
 Stanley Parks, AMXS

### Master Sergeant

Steven Johnson, AMXS  
 Candace McCune, ASTS

### Senior Master Sergeant

Valerie Stumpf, AMDS  
 John Westermeyer, 87 APS

## Awards

### Meritorious Service Medal

Lt Col Roberto Caro, AMDS

Lt Col Stephen Jankelson, 89 AS  
 Lt Col Dale Johnson, ASTS  
 Maj John Adams, ASTS  
 Maj Kimberly Simmons, ASTS  
 CMSgt Michael Wroten, AMXS  
 SMSgt Sheryl Olmstead, 87 APS  
 MSgt James Hartsell, 87 APS  
 TSgt Brenda Smith, 87 APS

### Air Force Commendation Medal

Capt Jonathan Kollmann, AW  
 Capt Ladonna Schreffler, AES

### Air Force Achievement Medal

SSgt Zachary Fontaine, AES  
 SSgt Traci Todahl, ASTS  
 SrA Alexander Peiffer, 87 APS

### Joint Service Achievement Medal

MSgt Douglas Myers, 87 APS

## Spouses Council

The spouses' council will host a Resiliency Workshop on Saturday, May 5 at 1:30 p.m. in the Mission Support Group Conference Room, building 4014. For more information, contact Lisa Coons at 445spouses-council@gmail.com.

## Employer Appreciation Day

The 445th Airlift Wing 2012 Employer Appreciation Day will be held Saturday, June 2.

Reservists are encouraged to invite their supervisor or employer to this year's event as we showcase the wing's mission and our role in supporting the Air Force and the Department of Defense.

The registration form is available in the Blue Pages of this edition. Please complete and return to Public Affairs no later than Sunday, May 6.

## Scouts Day

The 445th Airlift Wing will host Scouts Day May 19 for Boy and Girl Scouts (who are at least 8-years-old) to visit the wing for a C-17 tour and participate in various demonstrations.

Contact Public Affairs at 937-257-5784 or 445aw.pa@wpafb.af.mil. Registration is due May 7.

## Annual VA picnic

The annual Dayton VA Medical Center picnic will be June 2. No transportation will be provided. If you would like to car pool, please meet at building 4010 at 10:30 a.m. The Airman's council is collecting donations for the veterans. The following items are needed: new or gently used extra large T-shirts, toiletries, and new underwear, baseball caps, and socks. For more information, contact Senior Airman Laura Wagner at 257-7098.





Senior Airman Matthew Cook

**In-coming!**

Senior Airman Alexandra Klus, 445th Security Forces Squadron, tries to “safely land” on the parachute simulator during the wing Airman’s council tour of the 445th Operations Support Squadron April 15.

**On the Web**



**Doolittle Raiders visit WPAFB**



**Wing hosts North Carolina ESGR Boss Lift**



**All in the Fowle family...**

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